

### Frieth CEC Primary School

### NEWSLETTER

February 2021: 1

The novelty of home learning has most definitely worn off and I know some of our families are struggling to keep the children motivated. A reminder that we want you to do what is right for your child, as the wellbeing of your family is our top priority at the moment. We have everything crossed that the schools will be returning on 8<sup>th</sup> March and we should have two weeks' notice of our return from the government.

### Making Teachers Cry!

Mrs Tyzack and Mrs Goodchild were moved to tears last Friday when their classes decided to surprise them by all holding up beautiful 'Thank you' signs that they had made. You cannot underestimate how important your support is to the teachers at this difficult time, so thank you very much for that thoughtful gesture!





### LAPTOP THANKS!



Our sincere thanks to the Freedman and Brennan families for their kind and generous donations of laptops.

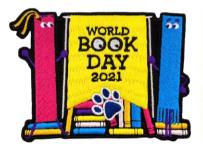
We are also very grateful to Mike Somers, who has delivered to us four laptops courtesy of his 'just giving' page to support Marlow Schools. Many thanks to all who donated.

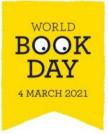


### ARE YOU AN IT WHIZZ?



Is anybody out there technical enough to want to have a look at our non-working laptops to see if they can bring them back to life?





We have decided to go ahead with our Book Week during the first week in March and will be sending more details of this soon. We will be doing our usual 'Dress up day' on World Book Day itself, so start planning your costumes! (3)

### DO YOU HAVE SPARE MDF?

We would like to produce some decorative art work to go around the school. Does anybody have any spare pieces of MDF, about 50cm square? Or any acrylic paint going spare? Even better if you are nifty with a jigsaw? Please do get in touch if you can help!

# Honour Book

I have seen some absolutely wonderful work over the last couple of weeks! The following children have been 'honoured':

Amber Nichols for her fantastic attitude and perseverance

Cayden Brennan for improved handwriting

Sky David, Oliver Adam Djillali, Charlie Farrar, Maya Sayles, Ryan Smith, Charlie Spencer, Jessie Stone, Cameron Hankey, Teddy Bayliss and Isla Crowther-Birch for their fantastic free verse poems.

Evie Sillwood for her mask

Maya Sayles for her reading

Lottie Fitzjohn and James Russell for poems

James Forder for his performance and poem

Isla Crowther-Birch for her consistent high standard of work.

John Geary for his wonderful work and effort.

Eleanor Cole for superb reading

Summer Parret for using brilliant descriptive language in English

Isaiah Sparkes for super phonics work

Zeno Chiappe and Faith Cubbage for their excellent collage of a wolf.





Cameron Hankey and Oliver Stone for using their PowerPoint skills to demonstrate their science learning.

Lottie Hunt and Harry Bryant for amazing storytelling videos

Matthew Lee for persevering with challenging mathematics

Imogen Bater and William Taylor for an inspiring musical performance

Willow-May Jenkins-Smith for going the extra mile with remote learning and always completing additional tasks



Ruby Milner, Ember David, Alexandra Welfare, Jack Raine, Poppy Healey, Ellie King and Henry Charlesworth for their pictures of what they would like to find at the top of the beanstalk!















Kitty Bernard for her poem (see below)

I Wish

I wish I could see people's smiles on the street I wish I could hug my friends when we meet.

I wish I could travel far and wide
I wish I could get on a horse and go for a ride.

I wish I could go to a café, have hot chocolate and cake

Instead I will stay in to stay safe for everyone's sake!

By Kitty Bernard

Well done to them all!

# Online Safety



How good is your knowledge of online safety? This year's **Safer Internet Day** falls on **Tuesday 9th February.** For 2021, the day explores reliability online and how young people can separate fact from fiction, so that they can take the next steps in helping to create an

internet full of trustworthy and reliable information. For a quiz for all the family on what to trust online and more information and ideas to support children to question, challenge and change the online world, please follow the links below:

I am a parent or carer | Safer Internet Centre

Safer Internet Day 2021 Quiz | Safer Internet Centre

#### ACADEMY CONSULTATION



Thank you to all those who attended the parent consultation meeting with ODBST last Thursday. The information shared by the trust is now available on our website

Please contact the school office for more details.

The Cabinet Office Disability Unit has launched the UK Disability Survey:

https://disabilityunit.citizenspace.com/cabinet-office/ukdisabilitysurvey/.

They want to hear from as many people as possible and are particularly keen to hear from disabled people, their carers, friends and family, although views from the wider public are also very welcome. The survey will remain open until 23 April.



### Please stay safe at home

Case numbers are still coming down in Bucks with all areas below 300 per 100,000 apart from High Wycombe. There has been a 20-30% reduction

across all areas suggesting lockdown is working, but we need to keep up the good work so that our schools can open again!

## MINDFUL MOMENTS



One thing that we have seen all over the world is that kindness can prevail, even in uncertain times. People have come together to sing on balconies in Italy, others have set up groups to offer support to

the elderly or vulnerable. This week we heard of the sad passing of Captain Sir Thomas Moore, who warmed the hearts of the nation by walking around his garden to raise money for the NHS. We have learnt that amid the fear, there is also community, support and hope. The added benefit of helping others is that it is **good for our own mental health and wellbeing**. It can help reduce stress and improve your emotional wellbeing. In short, doing good does you good! Acts of kindness make the world a happier place

Even in the lockdown, there are still lots of things that we can do for other people to inspire kindness in unforeseen times. Why not pick an item from the list below to make someone happy...

- Tell a family member how much you love and appreciate them
- Make a cup of tea for someone you live with
- Help with a household chore at home
- Arrange to watch a film at the same time as a friend and video call
- Tell someone you know that you are proud of them
- Tell someone you know why you are thankful for them
- Send an inspirational quote to a friend
- Send an interesting article to a friend
- Contact someone you haven't seen in a while and arrange a phone catch up
- Spend time playing with your pet
- Donate to a charity
- Lend your ear call a colleague and ask how they're finding the change in routine
- Give praise to your colleague for something they've done well
- Arrange to have a video lunch with a colleague
- Send an inspirational story of kindness people around the world are doing for others to someone you know
- Donate to foodbanks
- Offer to skill share with a friend via video call you could teach guitar, dance etc.
- Offer support to vulnerable neighbours

Let us know how it goes!