**Frieth School lunch time X-Country club needs your help**

Dear Parents and Guardians

We are hoping to run the school x-country club again this term.

This is a completely parent led club and requires volunteers to enable it to run.

The club will be run on a Friday lunch time 12.15 to 12.45.

Due to the different levels of ability it is **not** essential that you are a regular runner. It is a good way to get a little exercise whilst helping the children do the same.

If you or anyone you know is able to support this club even if it is only once a month please can you complete the slip below and return to school or email [justineharbinson@yahoo.co.uk](mailto:justineharbinson@yahoo.co.uk).

Thank you

Justine

I would like to help with the Frieth School x-country club

I can help: (please tick below)

* Once a week
* Every other week
* Once a month
* Only on these dates: ……………………………………………………………………………………………………………

My name is: ………………………………………………………………………………………………………………………………….

My contact number is: ………………………………………………………………………………………………………………….

My email address is: ………………………………………………………………………………………………………………………