

PARKWISE

Do you want to help out the school community? Then please park considerately and carefully by:

•Never stopping or parking on zig-zag lines and yellow lines

•Be considerate

•Try and park at least 10m (33ft) from a road junction

- •Never park on pavements or verges
- •Ensure your passengers get out of and into the Car side next to the kerb
- •Do not wait or park in front of the village hall
- •Leave room for the school busses to manoeuvre
- •Take extra Care when
- Carrying out manoeuvres especially reversing near school

•Drive at the appropriate speed (20 is plenty near a school)

Frieth School JRSO Autumn Newsletter

What is a JRSO?

Junior Road Safety Officer.

Together, we are in Charge of helping our school to be a safer place by informing the Children how to keep safe on the roads. There are 4 people in the JRSO team from year 5 and 6. Rory, Keira, Josh and Henry will lead assemblies across the school promoting each month's focus, organise competitions, keep the JRSO notice board up to date and generally raise road safety awareness across the school.

DO YOU KNOW THE GREEN CROSS CODE?

When walking to school, to your friend's house or anywhere in between, use the pavement where there is one. It's important to follow simple rules before crossing any road. These rules are called the **Green Cross Code**.

- 1. First find a safer place to Cross, then stop.
- 2. **Stand** on the pavement, but not too Close to the edge of the kerb.
- 3. Look and listen in all directions for any traffic and think about what you are doing.
- 4. Cross when there is no traffic and there is enough time to get to the other side without running. If you are unsure don't cross.
- 5. Keep looking and listening for traffic as you cross the road.
- 6. Walk straight across the road. Do not run.

This will be our focus for December!

JRSO NOTICE BOARD

Keep an eye out on the JRSO notice board (next to the year 4/5 classrooms), they will change monthly highlighting the team's focus each month along with other useful road safety information. We are currently updating the JRSO page on the school website. We hope you will find this helpful. If you have any questions about road safety or would like more information about the JRSO team then you can speak to any of the team or Mrs Sparks, who co-ordinates the team. Our focus for December will be the green cross code and crossing safely. Our next newsletter will be in January.

BE BRIGHT BE SEEN

British summertime ends in October – the Clocks go back by an hour and most of us may be travelling home in the dark. However you get to work or school, there are things you can do to help yourself be seen, making sure other road users can see you.

Whether walking to and from school, the shops, or walking the dog, during foggy and overcast days pedestrians should wear something bright coloured and something reflective at night.

Choose a bag or rucksack with hi visibility strips. Fluorescent and reflective armbands can be worn over coats and clothing, and stickers can be used on bags. Reflective dots on knees and ankles can really draw attention to runners during dark nights.

Keep to the footpath where there is one, if not, keep to the right hand side of the road so you can see oncoming traffic.

Being aware of your surroundings Can help aswell, so take out the earphones, and leave your phone in your pocket.





Trick or treating.....

When out this Halloween:

-Stick reflective tape on your costumes and bags.

-If you live in an area without streetlights, bring a torch.

-Be safe while crossing the road.

-Make sure that no one Crosses the road without your help.

-Be Careful if wearing wearing Costumes that restrict your vision, make sure that you are extra Careful, and that you get help when Crossing the road.

-Be Careful with longer Costumes that may Cause you to stumble or trip.

-With so many people out, it might be tempting, but do not walk in the road. Always stick to the pavements.

-Make an effort to only cross the road at sensible places where. Never cross the road where visibility is poor.

