

## **It's Walk to School Week 2018 – and we are taking part!**

We are delighted to tell you that we are taking part in Living Streets' Walk to School Week ,21-25 May!

On Tuesday 22<sup>nd</sup> May we will be celebrating it with fruit and snacks at the school gate at drop off for all children who have walked to school.

If you normally drive your children to school then why not Park and Stride? We have produced a leaflet and map showing possible locations to park and then walk to school. The blue ring is a 15 minute walking distance and show lots of footpaths (marked red and blue) that you can use to safely walk into school. Why not park near the Prince Albert pub, or near to Parmoor (but not in the grounds please!), or park on the outskirts of Lane End and have a walk through the woods to get to school?

**Please remember to park considerately and appropriately.**

Fewer children walk to school than they did 20 years ago. In fact, just 17% of the nation's children get the recommended hour a day's exercise. Help us get more children walking to school again and experiencing the benefits this simple act brings. Walking to school helps children feel happier and healthier and even do better in class because they arrive fit, refreshed and ready to learn. More families walking means fewer cars on the road during the school run, helping to reduce congestion and pollution at the school gates.