



# Welcome to Owls

2017-2018 Cohort Meeting

# Agenda

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- Curriculum Overview
- Homework and Spellings
- Reading and Reading Comprehension
- AOB
- School Nursing Team
- Q&A

# Curriculum Overview

## English

- We will explore various units of work focusing on three main genres:
  - Fiction
  - Non-fiction
  - Poetry
- English sessions will allow the children to expand their literary knowledge in addition to improving their reading comprehension and writing composition.

## Maths

- Each term will focus on five main blocks of teaching:
  - Number facts
  - Calculating
  - Shape
  - Data handling
  - Measures
- We will explore each of these areas in creative ways, and will consistently try to improve through target setting.

# Homework

- Homework

- Reception: Home books will be sent home on a Friday to be returned by the following Thursday at the latest. These books are used as a way to discuss your child's learning through the week and leave comments to facilitate communication with teaching staff.
- Year 1: Homework books will be sent home on a Thursday to be returned by the following Tuesday to allow for marking and comments. Please have your child complete the work in their best handwriting using pencil unless otherwise specified.

# Spellings

- Year 1: Spellings will be sent home on a Monday. They will be monitored throughout the week in our phonics sessions. Help your child practice their spellings using the sheet provided. You can also use various different ways to help them learn their spelling words such as painting the words, using magnetic letters, or soundtalking.

# Reading and Reading Comprehension

- We encourage you to read with your child every night to help them increase their love of reading, as well as word recognition and reading comprehension skills.
- Books may be sent home for more than one night, especially as they increase in difficulty. The goal of reading in Key Stage 1 is to increase your child's vocabulary, as well as their understanding of the vocabulary. We are looking for them to be able to access the information from the books and use it in their play and to improve their own writing.

# AOB

- Uniform and PE kit
- Bookbags and Plastic wallets
- Transition
- Olive the Owl
- Parent Volunteers – in school and PTA

## School Nursing Team

For more information please visit the  
Bucks School Nursing website

<http://www.buckshealthcare.nhs.uk/School-nursing/>



### **How can I help reduce healthcare associated infections?**

Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to or after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.

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[www.buckshealthcare.nhs.uk](http://www.buckshealthcare.nhs.uk)

**Follow us on Twitter @buckshealthcare**

If you require a translation of this leaflet please call:  
01296315858

School Nursing service

SNGH6

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NHS Trust

## School Nursing Team



**Patient information leaflet**

**Safe & compassionate care,**

**every time**

## Who are we?

- Specialist Community Public Health Nurse (SCPHN).
- Community Staff Nurse.
- Community Nursery Nurse.
- School Health Assistant.



Our service covers young people until they are 19yrs, if they are in full time education (whether at School, college or home educated).

Responsibility changes from the 'Health Visiting Team' to the 'School Nursing Team' when children start school.

## National Child Measurement Programme (NCMP)

You will receive a letter regarding this:

Height



and

Weight



## Illnesses

Diarrhoea & vomiting  
Your child should be off school for 48hrs from the last episode.



Threadworm

Prescriptions can be obtained from the GP/chemist.



Chickenpox

Is infectious from 1 - 2 days before the rash starts, until all the blisters have crusted over.



School has information about exclusion times for various illnesses – if you are unsure please ask.

## Head Lice

Facts

- Spread rapidly by prolonged head contact.
- Walk from head to head (do not have wings).
- Grow to about the size of a sesame seed.
- Scalp may not start itching for a few days.

Treatment

- Long hair should be tied up at school.
- Check you child's hair regularly by wet combing with a special fine-toothed comb (with a spacing of less than 0.3mm).
- Wet combing / medicated lotions.
- Check the whole family.



## Staff Awareness

We offer sessions to school staff on medical conditions, to raise awareness and ensure regular updates:

Asthma



Epilepsy

Anaphylaxis



You can highlight any medical conditions or significant health needs on the on-line questionnaire.

We can work with you and school to develop a Health Care Plan.

## Medication in school



There should be no non-prescribed medicines in school.



Schools have a policy for managing medicines in school.



You will need to fill out the appropriate forms so that your child can receive their medication.

## Health Screening

The Questionnaire is a way that:



We can identify areas of need, and work with schools to deliver targeted intervention.

You can highlight any existing medical needs or conditions to us.

We can offer you advice, or signpost you to other agencies.



We are notified if any child or family require further support following A&E attendance

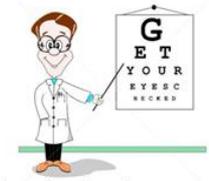
All information concerning your child is confidential.

## Vision Testing

Will be done within the first year of being at school.

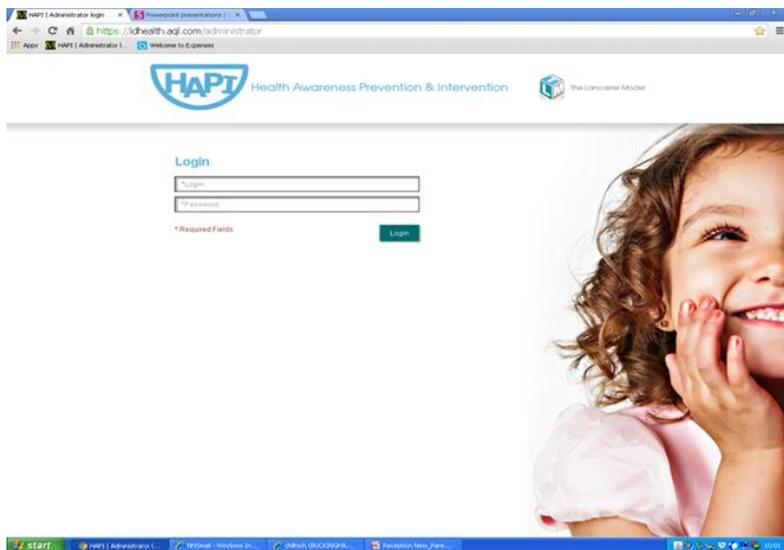
Please inform the school nursing service if your child is currently under professional care.

You can have your child's vision tested anytime at a local optician.....and it's free!



## Hearing Testing

This is no longer routinely carried out in school. If you have any concerns regarding your child's hearing, we can organise a hearing test.



## Vaccinations

**Please check that your child's vaccinations are up-to-date**

By school entry they should have received:

- Four doses of diphtheria, tetanus, pertussis and polio.
- Two doses of MMR vaccine.
- A single dose of Hib/MenC conjugate.
- Flu nasal spray will be given to children in Reception and Years 1, 2, 3 and 4 in school – consent to be given.



The Red Book is still a useful resource for storing all your child's health information.

## Sleep



Sleep is just as important for children's development as healthy eating and exercise.



Using computers, mobiles and TVs at night can affect children's sleep and therefore impact on their health, mood and performance at school.

Lack of sleep can:

Cause a child to become irritable, overactive, lack concentration and have extremes of behaviour.



Affect a child's performance the following day.



## Bedwetting (Enuresis)

- 20% of children will still wet the bed at the age of 5.
- We can provide information on general strategies for children under 7.

If your child is still wetting the bed at 6½yrs, please visit your GP for a referral to the School Nurse led enuresis clinic .

For more information please visit:

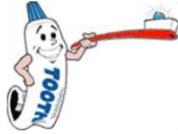
<http://www.eric.org.uk/>

## Dentist



Your child should:

Have 6 monthly check up's.



Be using  
adult  
toothpaste.



Be registered with a dentist before they start school.

A list of NHS dentists can be found on the 'NHS Choices' website.  
NHS dental treatment is free for children.

## Emotional Support

We offer one-to-one sessions.

Referrals can be made via:

- School.
- Phoning us directly.
- Highlighting it on the on-line questionnaire.



## Health Promotion

We offer Health Promotion sessions such as:

### Hygiene :

- handwashing.
- dental care.

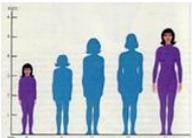


### Healthy living:

- healthy eating.
- alcohol.
- safe medicines/drugs.
- smoking.



### Puberty/Sexual Health



This is done:

- according to need.
- in line with the National Curriculum.
- being age appropriate (Primary & Secondary School).

## Healthy Child

Maintain a healthy  
Weight.



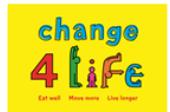
Build strong muscles &  
healthy bones.



Improve self confidence.

Recommended physical activity:

Children under 5yrs: 180 minutes/day.  
Young people (5 – 18yrs): 60 minutes/day.



## School Nursing Team

For more information please visit the Bucks School Nursing website

<http://www.buckshealthcare.nhs.uk/School-nursing/>

Tel Number : 01494 426177  
Email : buc-tr.wycsn@nhs.net



## Useful numbers/websites

### NHS Choices

- [www.nhs.uk](http://www.nhs.uk)

### NHS 111

- for health advice 24hrs a day
- calls are free from landlines and mobiles

### Buckinghamshire Family Information Service

- [www.bucksfamilyinfo.org](http://www.bucksfamilyinfo.org)

### Children's Centre

- <https://www.gov.uk/find-sure-start-childrens-centre>

### Flu Nasal Spray

[www.nasalspraylearning.co.uk](http://www.nasalspraylearning.co.uk)



# Question and Answer